VISTA CAFÉ WEEKLY SPECIALS				
Monday	Tuesday	Wednesday	Thursday	Friday
7/11/2022	7/12/2022	7/13/2022	7/14/2022	7/15/2022
Philly Cheese Steak Sand	Chicken Tenders	French Dip Sandwich	Crispy Chicken Salad	Fish Tacos
Peppers & Onions	Macaroni and Cheese	Potato Wedges	Cottage Cheese	Seasoned Rice
Potato Wedge	Brussel Sprouts	Broccoli and Cauliflower	Fresh Fruit	Refried Beans
Seasoned Green Beans		Salad		
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
7/18/2022	7/19/2022	7/20/2022	7/21/2022	7/22/2022
Loaded Pulled Pork Potato		Chicken Fajitas	Taco Bake	Lasagna Garlic Rolls
Cheese Sauce	Popcorn Chicken	Peppers & Onions	Cottage Cheese	Garden Salad
Steamed Broccoli	Mashed Potato with Gravy	Chips & Cheese	Fresh Fruit	Breadstick
	Corn	Seasoned Rice		
	Fresh Fruit			
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
7/25/2022	7/26/2022	7/27/2022	7/28/2022	7/29/2022
Quesadilla Burger	Ham and Cheese Quiche	Chicken Caesar Salad	Meatball Sub Sandwich	Tuna Salad Wrap
Seasoned Potato Rounds	or Veggie Quiche	Garlic Bread	Tator Tots	French Fries
Roasted Corn w/peppers	Cottage Cheese	Fresh Fruit	Spinach Salad	Steamed Broccoli
Soup of the Day	Soup of the Day	Soup of the Day		Soup of the Day
8/1/2022	8/2/2022	8/3/2022	8/4/2022	8/5/2022
Taco Salad	Opened Faced Roast Beef	Beef Pita Sandwich	Ranch Chicken	Reuben
Cottage Cheese	Mashed Potato with Gravy	Cook's Choice Soup	Mashed Potatoes with Gr	Potato Wedges
Fresh Fruit	Roasted Carrots	Garden Salad	Buttered Peas	Cole Slaw
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
8/8/2022	8/9/2022	8/10/2022	8/11/2022	8/12/2022
Philly Cheese Steak Sand	Stuffed Chicken Breast	Pizza Grilled Cheese	Chicken Stir Fry	Big Mac Wrap
Peppers & Onions	Baked Sweet Potatoes	Garden Salad	Seasoned Rice	Pasta Salad
Potato Wedges	California Medley	Cottage Cheese	Egg Rolls	Choice of Chips
Green Beans				
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day

Phone: (815) 777-6035 email: cpalmer@midwestmedicalcenter.org