



Midwest Health & Fitness CenterSM

Membership Rates

Annual Memberships:

Single Adult: \$444.00
Adult Spouse: \$222.00
Senior/Corporate: \$399.00
Senior/Corporate Spouse: \$200.00
EFT: \$38.00/month*
EFT Spouse: \$19.00/month*
Senior/Corporate EFT: \$36.00/month*
Senior/Corporate Spouse EFT: \$18.00/month*

Monthly Memberships:

Six Month Adult: \$284.00
Three Month Adult: \$169.00
One Month Adult: \$66.00
One Week Pass: \$42.00
One Day Pass: \$10.00
Initiation Fee: \$50.00

Daily Guest Passes

Guest Pass: \$10.00
Members Guest: \$5.00

Class Fees:

Members: \$6.00
Non-Members: \$8.00

Class Cards:

(10 classes for the price of 8)

Members: \$50.00
Non-Members: \$70.00

Personal Training Services:

Available for the half or full hour

Classes Offered:

Indoor Cycling, Yoga, Circuit, Toning, Cardio, Water, Seasonal, and many more

*Electronic funds transfer minimum 3 months